

Scope of SERVICES



Occupational Therapy



Speech Therapy



Special Education



Applied Behavior Therapy (ABA)



Multi Sensory Room



Gym



Swimming Pool



Skating



Cycling/Outdoor Play Area



School Readiness Program



Home Plans



Internship Programs

→ Observation Room for Parents with CCTV Surveillance
→ Ample Parking Space
→ Canteen Facility → Dedicated Help Desk
→ CCTV Surveillance in All Therapy Rooms
→ Autism awareness campaigns

हर **36** में से **1***
बच्चे को ऐसा डिसऑर्डर होता है जिस के बारे में हम बहुत कम जानते हैं। इसका नाम है—
Autism Spectrum Disorder (ASD)

*Ref.: Maenner MJ, Warren Z, Williams AR, et al. Prevalence and Characteristics of Autism Spectrum Disorder Among Children Aged 8 Years - Autism and Developmental Disabilities Monitoring Network, 11 Sites, United States, 2020. MMWR Surveill Summ 2023;72 (No. SS-2):1-14. DOI: <https://dx.doi.org/10.15585/mmwr.ss7202a1>

ऑटिज़्म क्या है ?

ऑटिज़्म स्पेक्ट्रम डिसऑर्डर एक प्रकार का Neuro - developmental डिसऑर्डर है, जिस में बच्चों की भाषा का विकास देरी से होना, उम्र के हिसाब से बातचीत करने का लेवल कम होना, या एक ही तरह के व्यवहार को बार-बार दोहराना आदि देखा जाता है। आमतौर पर यह बच्चे ना तो अपनी बात ठीक से कह पाते हैं, ना समझा पाते हैं और ना ही अन्य लोगों से मिलजुल पाते हैं।

SCREENING CHECKLIST

यदि यहां लिखे हुए symptoms में से कुछ लक्षण बच्चे में नज़र आ रहे हैं तो proper assessment ज़रूर कराए। यह ज़रूरी नहीं है कि कुछ symptoms होने पर autism ही हो लेकिन कोई भी issue चाहे वह marginally या बहुत कम ही क्यों न हो, सही assessment, guidance, और training से ज्यादातर बच्चे जल्द से जल्द improvement show करते हैं। यह एक established fact है की जितनी कम उम्र में remedial training start कर दी जाये उतना ज्यादा बेहतर होने के chances होते हैं।

- Speech Delay होना, या शब्द होने के बावजूद Properly बात न करना, या सिर्फ Need Based Communication करना
- किसी वस्तु को मांगने के लिए अपनी ऊंगली से इशारा करने की बजाए दूसरे व्यक्ति के हाथों को उस ओर खींचना
- अन्य बच्चों के साथ Mix-up न होना या अकेले में खेलना ज़्यादा पसंद करना
- नाम से पुकारे जाने पर भी हर बार पलट कर न देखना
- Proper Eye-Contact न करना टिक कर बैठ न पाना (Hyperactivity)
- ज़्यादा जिद्द करना या High Aggression दिखाना
- अपनी Age के बच्चों से कम Mature लगना
- Toy Cars या अन्य वस्तुओं से खेलने की बजाए उन्हें लाईन में लगाते रहना या पहियों को घुमाते रहना
- Excited होने पर Hand-Flapping, Jumping, या Spinning जैसे Actions ज्यादा करना
- खाने-पीने या अन्य वस्तुओं को Use करने से पहले Smell करना
- Toys व अन्य वस्तुओं को Lick करना, मुंह में डालना या चबाना
- Toe-Walking (पंजों के बल चलना)
- बार बार अपने कानों पर हाथ रखना
- सुनी हुई बात या शब्द को Repeat करना
- अपनी Age के बच्चों से कम Mature लगना
- बार बार अपने कानों पर हाथ रखना

Issued in Public Interest by

CARE FOR AUTISM FOUNDATION

Hoshiarpur Road, Sheikhen Pind (Under Bridge), Near Railway Crossing,
JALANDHAR 144009 (Punjab) INDIA

97797 25400, 62830 30625



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Care for Autism (CFA) – A Unique Blend of *Divine Blessings*, *Personal Understanding*, and *Professional Expertise*!



Late (Mrs.) Nidhi Behal
(1984-2021)
Our Inspiration

The journey of CFA began with the heartfelt wish of Late Mrs. Nidhi Behal, who envisioned a comprehensive treatment facility for children with Autism Spectrum Disorder (ASD) under one roof. She was a devoted mother who faced the challenges of raising a child with autism. She experienced firsthand the struggles of finding adequate and comprehensive services for Sayyam. Diagnosed with fourth-stage cancer, Nidhi knew her time was limited, but instead of despairing, she channeled her energy into creating a legacy that would outlive her – a centre that would cater to all the needs of children with special needs.

Before her passing, Nidhi laid the foundation stone of CFA on August 5, 2020, in Jalandhar, Punjab. However, as her health deteriorated, it became evident that someone needed to carry her vision forward.



Raghu Behal
Parent of a Special Child
Managing Director

Raghu Behal, Nidhi's husband, took it upon himself to fulfill her dream. Motivated by his wife's vision and his love for his son, Raghu dove into the project with dedication and passion. He understood the critical need for a comprehensive facility that could offer all necessary therapies and support under one roof. His commitment to delivering the best for every child with special needs became the driving force behind CFA.

Raghu's journey was not easy. Balancing the emotional toll of losing his beloved wife with the responsibility of raising their son, Sayyam, he demonstrated immense resilience and determination. Raghu's experience in managing his business activities provided him with the skills needed to succeed and grow CFA effectively. He was relentless in his pursuit of excellence, ensuring that the centre would meet the highest standards of care.

MANAGEMENT



RICHA SHARMA
Center Head



KAMALPREET KAUR
Sr. Center Coordinator



SUNITA NAYYAR
Academic Head and
Sr. Consultant-Special Edu.
(40+ yrs of Exp.)

ACADEMIC & ADMINISTRATIVE OPERATION HEADS



PARAMJEET KAUR
RCI Regd.
Special Educator



ANU BALA
RCI Regd.
Special Educator



ANJALI THAKUR
RCI Regd.
Special Educator



ANITA KHOKHAR
RCI Regd.
Special Educator

PSYCHOLOGIST & APPLIED BEHAVIOR (ABA) THERAPIST



MUSKAN



JESSICA BHATIA



YESHKIRAN KAUR



VANI CHOPRA



DIKSHA



KHUSHBOO

SPECIAL EDUCATORS (B.ED. SPL. EDU. / D.ED. SPL. EDU.) – RCI REGISTERED



ASHISH KUMAR



ARVINDER SINGH



MANISHA



CHANDERKANTA



RAMANDEEP KAUR



SUKHMEET KAUR



SATINDER KAUR



ANJANA



NEHA BHATTI



REENA DWIVEDI



PRIYA



ANSHIKA



DILPREET SINGH



KOMAL KUMARI



JASDEEP KAUR



SUMANDEEP



SETHI RAM



LAKHWINDER SINGH



VISHAKHA



SUSHIL KUMAR



MANINDER KAUR



HARLEEN



MANPREET KAUR



NEHA



SAKSHI



SIMRANJIT KAUR

TRAINED AND CERTIFIED SUPPORT STAFF



RAKSHA DEVI



PINKY RANI



NISHA



INDERJIT KAUR



PRIYANKA



HARWINDER



GAURAV



DILPREET



POOJA



JASMINE



SUNAINA



NAZIYA



PARMINDER



YADWINDER



HARMAN



TANYA



PARVEEN

FRONT DESK



GAGAN



MANPREET