

# CARE FOR AUTISM

JALANDHAR | LUDHIANA

One of a Kind Assessments & Remedial Training Centres for Special-needs Children.

AUTISM (ASD)

ADHD (HYPERACTIVITY)

INTELLECTUAL DISABILITY

DOWN SYNDROME



Probably the **only center** in the region with such an extensive team of highly qualified rehabilitation specialists, with dedicated units in Jalandhar and Ludhiana.

Enrollments Open!

9646 44 3200 | 977 9725 400 | 628 3030 625

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CARE FOR AUTISM

SCOPE OF SERVICES

Occupational Therapy

Speech Therapy

Special Education

Expressive Art Therapy

Psychological Assessments

Diet Counseling

Parents Training Program

Home Plans

School Readiness Program

Multi Sensory Room

Outdoor Play Area

Observation Room for Parents

CCTV Security Surveillance

Awareness Campaigns

Workshops and Seminars

Internship Programs

## Established Fact

Early intervention, blended with proper assessments, and teamwork of experts, provides the best chances for positive changes in children on the autism spectrum.



## ऑटिज़्म? क्या है

ऑटिज़्म स्पेक्ट्रम डिसऑर्डर एक प्रकार का Neuro - developmental डिसऑर्डर है, जिस में बच्चों की भाषा का विकास देरी से होता, उम्र के हिसाब से बातचीत करने का लेवल कम होता, या एक ही तरह के व्यवहार को बार-बार दोहराना आदि देखा जाता है। आमतौर पर यह बच्चे ना तो अपनी बात ठीक से कह पाते हैं, ना समझा पाते हैं और ना ही अन्य लोगों से मिलजुल पाते हैं।



## SCREENING CHECKLIST

यदि यहाँ लिखे हुए symptoms में से कुछ लक्षण बच्चे में नज़र आ रहे हैं तो proper assessment जरूर कराएं। यह ज़रूरी नहीं है कि कुछ symptoms होने पर autism ही हो लेकिन कोई भी issue चाहे वह marginally या बहुत कम ही क्यों न हो, सही assessment, guidance, और training से ज्यादातर बच्चे जल्द से जल्द improvement show करते हैं। यह एक established fact है की जितनी कम उम्र में remedial training start कर दी जाये उतना ज़्यादा बेहतर होने के chances होते हैं।

- ☐ Speech Delay होना, या शब्द होने के बावजूद Properly बात न करना, या सिर्फ Need Based Communication करना
- ☐ किसी वस्तु को मांगने के लिए अपनी कंगली से इशारा करने की बजाए दूसरे व्यक्ति के हाथों को उस और खींचना
- ☐ अन्य बच्चों के साथ Mix-up न होना या अकेले में खेलना ज़्यादा पसंद करना
- ☐ नाम से पुकारे जाने पर भी हर बार पलट कर न देखना
- ☐ Proper Eye-Contact न करना
- ☐ टिक कर बैठ न पाना (Hyperactivity)
- ☐ ज़्यादा जिद्द करना या High Aggression दिखाना
- ☐ Toy Cars या अन्य वस्तुओं से खेलने की बजाए उन्हें लाईन में लगाते रहना या पहियों को घुमाते रहना
- ☐ Excited होने पर Hand-Flapping, Jumping, या Spinning जैसे Actions ज़्यादा करना
- ☐ खाने-पीने या अन्य वस्तुओं को Use करने से पहले Smell करना
- ☐ Toys व अन्य वस्तुओं को Lick करना, मुँह में डालना या चबाना
- ☐ Toe-Walking (पंजो के बल चलना)
- ☐ बार बार अपने कानों पर हाथ रखना
- ☐ सुनी हुई बात या शब्द को Repeat करना
- ☐ अपनी Age के बच्चों से कम Mature लगना

Issued in Public Interest by

## CARE FOR AUTISM (CFA)

Hoshiarpur Road, Sheikhen Pind (Under Bridge), Near Railway Crossing, JALANDHAR (Punjab)

114, Green Field, Kochar Market Road, Near National Lab, LUDHIANA (Punjab)

ENROLLMENTS OPEN! 9646 44 3200 | 977 9725 400 | 628 3030 625

## Care for Autism (CFA) - A Unique blend of Divine Blessings, Personal Understanding and Professional Expertise!

### The Soul

**Late (Mrs.) Nidhi Behal**  
(1984-2021)  
Our Inspiration

Care For Autism (CFA) has its roots embedded in the care and concern of a mother who wanted comprehensive treatment for her child with Autism under one roof. Late Mrs. Nidhi Behal, through this organization, gifted her child, Sayyam, and many other children like him the space where they can learn to live and love life.

CFA was her dream and desire. She wanted an institute in Jalandhar (Punjab) for children with special needs that embraces all their requirements. The foundation stone of CFA was laid on 5th August 2020.

The short period she knew she was left with after she was diagnosed with fourth-stage cancer surprisingly energized her to put her heart and soul into the starting of CFA. Gradually, her health issues started worsening till she bid farewell to her family and beloved son Sayyam. Raghu Behal, considering his wife's dream as his priority and reason for existence, started working on it. He dived into the project, intending to deliver the best to every child with special needs just the way his wife wanted.

### The Body

**Raghu Behal**  
Parent of a Special Child  
Managing Director

It is a privilege for me to run an institute that aims, attempts and works to make life of special children better and independent. I being the parent of special child very deeply understand the need of special children and a pain parent feels when he faces the dearth of adequate qualified professionals and other rehabilitative services. The shoe has pinched me and therefore I empathize with the pain of parents and attempt my level best to provide complete and comprehensive services to our children in the best possible ways.

The energy and inspiration that draws me to bring best of infrastructure, services, and staff at Care For Autism for special need children comes from my beloved soul mate Late Nidhi Behal. All she wanted was a unit that does its best for children with special needs and this has now become my sole motive and purpose of existence.

CFA works with the vision of providing platform that caters to the comprehensive needs of our children. It includes Occupational Therapy, Speech Therapy, Special Education and complete Psychological Services.

### The Mind

**Atul Madaan**  
Clinical Psychologist (RCI Regd.)  
Operational Head

In my professional career of examining, and diagnosing neuro-developmental disorders I experienced helplessness when people asked me about a comprehensive unit that could cater to all the needs of ASD, ADHD, and Intellectual Disability. Unfortunately, there was no comfortable answer to direct them to a centre which is offering comprehensive services through a team of qualified rehabilitation experts in one place.

Joining the CFA fulfilled the vision of establishing a comprehensive unit with expert therapists and training. Additionally, we actively involve parents in the process, training them to think like special educators. This approach aims to empower parents, reducing their dependence on professionals and fostering a collaborative environment for the child's development.

Simultaneously, we initiate a School Readiness Program, facilitating the seamless transition of special children into mainstream schools. We are committed to enhancing the lives of children and families, creating a holistic and supportive environment.

The Energy



DR. TARLOCHAN  
MA, PGDPP, PhD (Clin. Psy)  
Head Academics & Trainings



RICHA  
M.Phil, BEd  
Chief Coordinator



DR. M. KUMAR  
Occupational Therapist (MOT)



SUPRIYA  
Occupational Therapist (BOT)



SHINU  
MA (Psy)  
Counseling Psychologist & Centre Manager



PARAMJEET  
DEd (Spl Edu), BEd  
Sr. Academic Coordinator



DR. HEMANSH  
Speech Therapist (MASLP)



JYOTI  
Speech Therapist (DHLS)



KAMALPREET



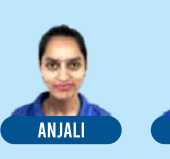
JYOTI



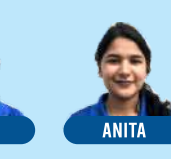
PALLAVI  
Counseling Psychologist MA (Psy)



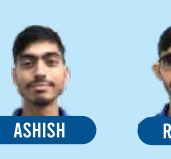
GINNI  
Counseling Psychologist MA (Psy)



ANJALI



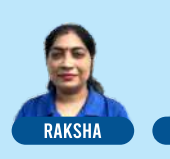
ANU



ANITA



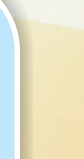
ASHISH



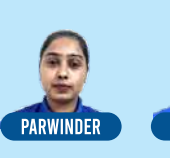
RAKSHA



NISHA



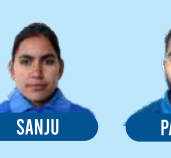
PINKY



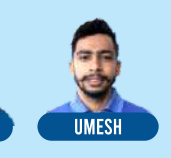
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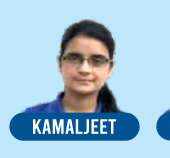
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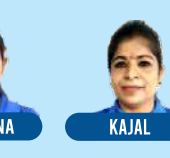
RAMANDEEP



SANJU



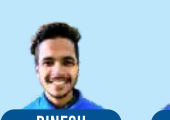
KAMALJEET



SUNAINA



KAJAL



DINESH



SANDEEP



HARSH



RAMESH



MUKESH



BITTU

Centre Co-ordinators

Special Educators - RCI Registered

Certified & Trained Assisting Staff